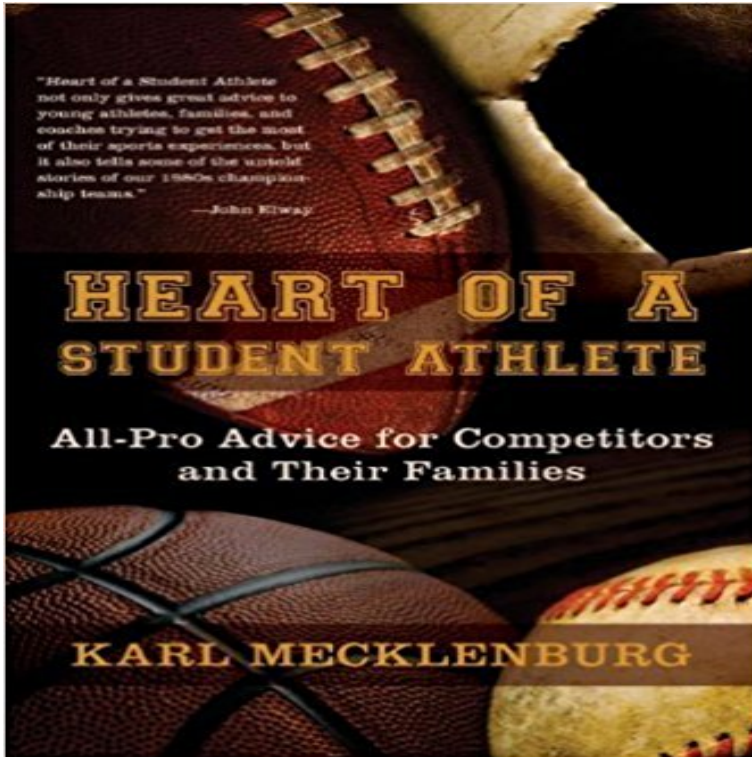


Heart of a Student Athlete: All-Pro Advice for Competitors and Their Families



The game of football teaches lessons that are as applicable on the playing field as they are in the classroom, workplace, and in our relationships with those around us. In *Heart of a Student Athlete*, Karl Mecklenburg former all-pro captain of the Denver Broncos offers young athletes and their families inspirational advice about how to dream, achieve, and overcome obstacles on their way to success. Mecklenburg's candid, anecdotal counsel will motivate student athletes to aim high, work hard, and avoid the numerous challenges that they may face including pressure to perform in the game, emphasis on sport over study, and the temptation of illegal drugs. In addition to sharing the incredible story of his unlikely rise from amateur athlete to Super Bowl Championship competitor, Mecklenburg outlines his template for success and reveals its six key components: teamwork, courage, honesty and forgiveness, desire, dedication, and goal setting. Accessible and brimming with enthusiasm, *Heart of a Student Athlete* explains these keys and empowers athletes, parents, and coaches with the tools they need to achieve success and foster it in the young athletes in their lives.

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