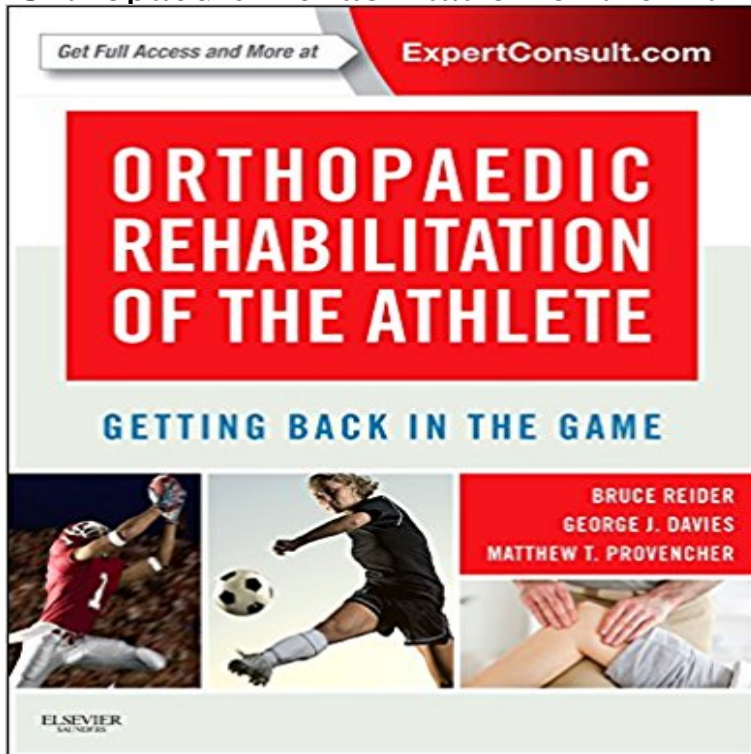


Orthopaedic Rehabilitation of the Athlete: Getting Back in the Game, 1e



Prevent athletic injuries and promote optimal recovery with the evidence-based guidelines and protocols inside Orthopaedic Rehabilitation of the Athlete! Practical, expert guidance; a templated, user-friendly format; and online videos of key rehabilitation exercises make this rehab reference ideal for any practitioner working with athletes! The book makes a useful contribution and may also be useful to novice learners. Reviewed by: Kevin Brownhill, The British School of Osteopathy and osteopath in private practice Date: July 2015 Apply targeted, evidence-based strategies for all internationally popular athletic activities, including those enjoyed by older adults. Ensure optimal care from injury prevention through follow up 2 years post injury. Make safe recommendations for non-chemical performance enhancement. Access the complete contents online at www.expertconsult.com, along with downloadable patient handouts, rehabilitation videos, and more.

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