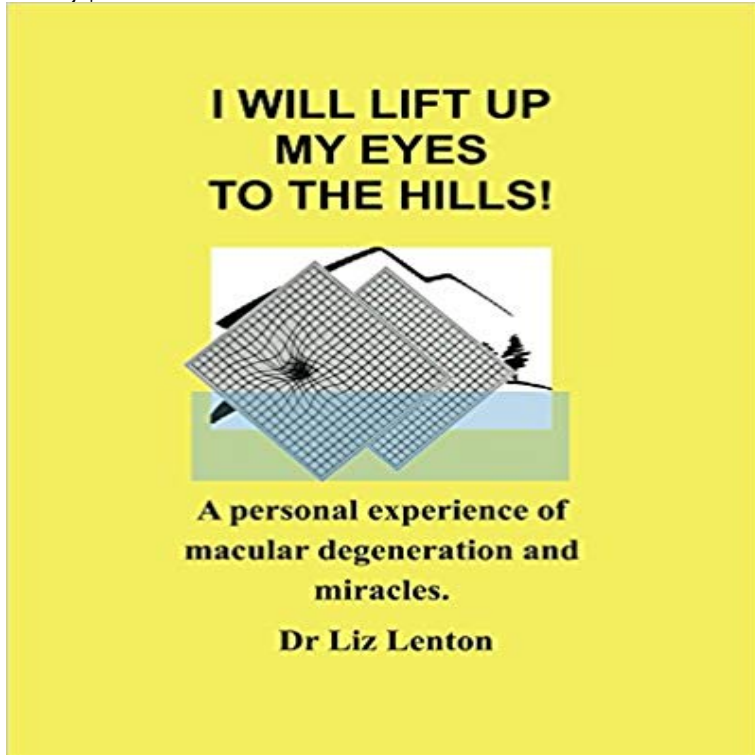


# I will lift up my eyes to the hills: A personal experience of Macular Degeneration and Miracles



At last a book that gives real hope to sufferers from dry Age Related Macular Degeneration (AMD)! A retired British woman doctor, no stranger to struggling against the odds, finds herself facing a brick wall of a diagnosis that threatens her independence with progressive loss of her vision as she is discharged from an overstretched National Health Service (NHS) eye clinic with the grim news that there is no treatment for dry AMD. Liz is determined to fight back and her search for a solution begins. In the pages of this heartwarming book threaded through with compassion, humour and Liz's strong Christian faith you will meet a woman who shares honestly what it is like to have AMD, her coping strategies and exciting news of modern treatments to restore lost vision as Liz herself has experienced. At the same time, Liz opens up her life to us, painting a vivid picture of the extraordinary people and events that have been a part of her journey - overcoming financial struggles and family hardship to enter medicine at a time when women were a rarity to become the first woman RAF medical cadet, taking part in Steptoe and Edwards' original IVF experiments and even acting as Flight Lieutenant to Princess Margaret. Don't miss the chance to meet Bonici, the rascally Maltese serviceman with a heart of gold, Liz's hero father who turns out to have feet of clay, the Green Lady and the Cat Lady while the story of how Liz finds and undergoes the pioneering treatment that takes her from only counting fingers in one eye to being able to read newsprint will have you cheering. This book is a must for anyone with AMD - full of helpful information about the disease, new advances in treating it and useful practical tips to make life for AMD sufferers easier while Liz's story is a tonic in itself - inspiring, moving and at times very, very funny.

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