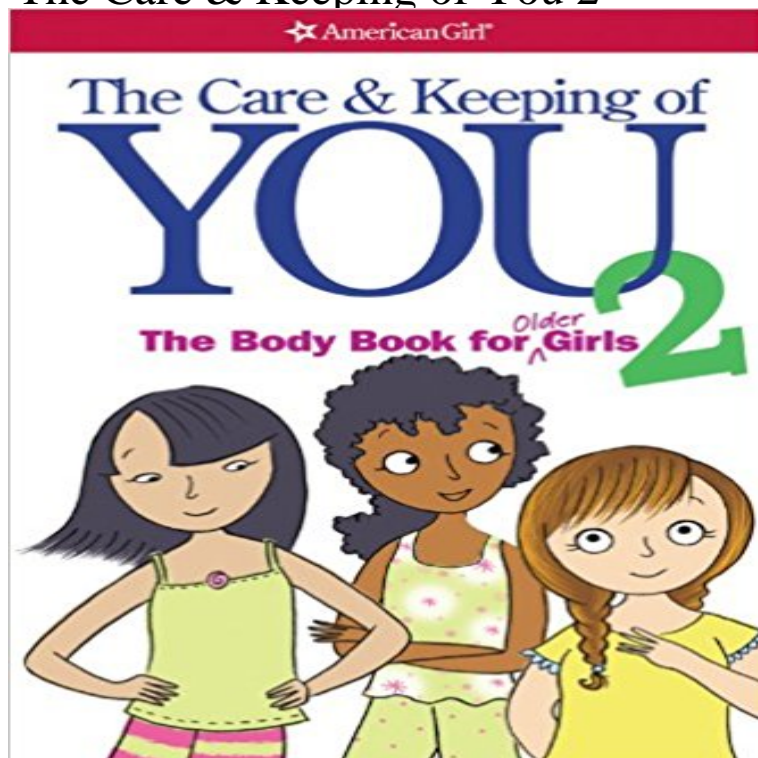


The Care & Keeping of You 2



This thoughtful advice book will guide girls through the next steps of growing up. Written by Dr. Cara Natterson for girls 10 and up, *The Care & Keeping of You 2* follows up the original bestseller with even more in-depth details about the physical and emotional changes girls are going through. With illustrations and expert contributors, this book covers new questions about periods, her growing body, peer pressure, personal care, and more.

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