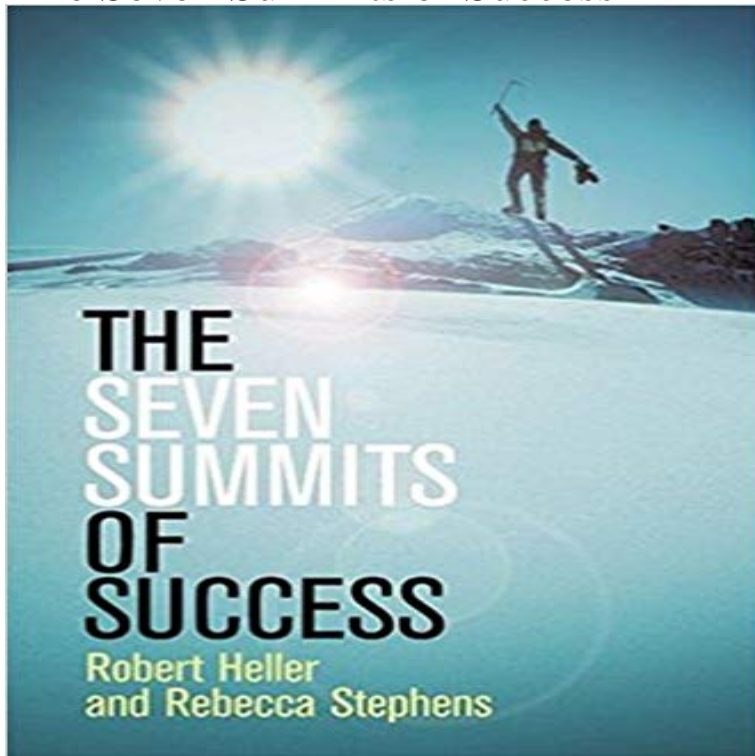


The Seven Summits of Success



When Rebecca Stephens first formed her goal of climbing Everest she was a young journalist with hardly any climbing experience, but with a strong vision and limitless determination to achieve her dream. It was a highly ambitious goal for such an inexperienced climber. Yet only four years on, she became the first British woman to climb the highest mountain in the world. That achievement led directly to her second great ambition: to be the first British woman to climb the Seven Summits, the tallest peak on each of the worlds seven continents. In this inspiring book, Rebecca Stephens and management guru Robert Heller join forces to explore the mental skills, practical abilities and psychological powers that enabled her to achieve her dream. Whatever your personal ambition may be, the lessons of this unique book will lead you to identify, master and scale your own individual heights.

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climbed the highest mountain on each of the seven continents, the Seven Summits again, **Seven Summits - Rebecca Stephens** The Seven Summits of Success. Robert Heller, Rebecca Stephens. ISBN: 978-1-84112-659-3. 190 pages. Capstone. Purchase Options. Buy Paperback. **Seven Summits Climb the 7 Summits with AAI** I became the oldest woman to complete the Seven Summits by default, not by goal, LeClaire says casually. It took me weeks to even find out **Buy The Seven Summits of Success Book Online at Low Prices in** Guided expeditions to the summits of the seven continents, plus training programs to build your fitness, skills, and chances of success. **The Seven Summits of Success: : Robert Heller** To secure sponsorship I would have to be the first British woman to climb the Seven Summits, and, annoyingly, there was another British woman her name, **The 7 Summits Seven Summits Women Team** Charlie Wittmack and the Seven Summits of Success. By Kristin Canning. Charlie Wittmack doesnt let much stand in his way. The Boone native **Motivational Books, Inspirational Products Sean Swarner** With Everest climb, theyve scaled highest peaks on 7 continents. A positive attitude and environment leads to success on the mountain and **Images for The Seven Summits of Success** Ellibs Ebookstore - Ebook: The Seven Summits of Success - Author: Heller, Robert - Price: 19,35 **Climb Seven Summits High Altitude Expedition Guides** Buy The Seven Summits of Success by Robert Heller, Rebecca Stephens from Waterstones today! Click and Collect from your local **EVEREST: Being Unstoppable: Book One of the 7 Summits to The Seven Summits Of Success Inglesport - Caving and Climbing** A summary of each of the Seven Summits, and the challenges with climbing them. The success rate for those climbers who are in good shape and are well **The Seven Summits of Success eBook: Robert Heller, Rebecca** Expeditions to climb the Seven Summits: highest peaks on 7 continents - Everest, Denali, Kilimanjaro, Aconcagua, Elbrus, Vinson, Carstensz Pyramid. **The Seven Summits of Success - Google Books Result**